



Discovering YOUR Life On Purpose

5 Areas/ Topics of Interest	What activities are you interested in doing or topics you'd like to know more about (on a regular basis or occasionally)?	Are you doing anything in this area of interest now (for #1-5)?
1.		
2.		
3.		
4.		
5.		
Is there another one?		

5 Life Experiences You Want	What would you Go & Do & Be if there was NOTHING stopping you?	Do you have plans in these areas now (for #1-5)?
1.		
2.		
3.		
4.		
5.		



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What Do You Know & Do?	What areas do you have knowledge and skills (from life experiences or education or both)?	Do you enjoy using these knowledge and skills?
1.		
2.		
3.		
4.		
5.		
What else?		

Who Do You Know?	What 5 people do you know who could be CONNECTORS for you to opportunities in your areas of interest and/ or in your knowledge and experiences?	Do you know what you'd say to them?
1.		
2.		
3.		
4.		
5.		



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Concerns/ Hesitations/ Hinderances	To this point, what concerns have caused you to hesitate in taking action in each area of interest or life experience you listed? In this column, make a few notes about each concern/ hesitation/ hinderance.	What help or support do you need to overcome?
1.		
2.		
3.		
4.		
5.		
What else?		

First Steps into Purpose	If you were to take action and do 3 things toward pursuing your purpose, what would be the first three that you CAN do in the next seven days?	If you have NO clue, would having a planning partner help?
1.		
2.		
3.		

Connect with Devaney Rae for a Complimentary 30-minute Chat to Take YOUR First Next Step

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